Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX becomes ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Forbidden Foods Limited
ABN	82 616 507 334

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of director	Mark Hardgrave
Date of last notice	2 September 2020

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	(1) Indirect (2) Indirect
Nature of indirect interest (including registered holder)	(1) HARDGRAVE SUPERANNUATION PTY LTD <HARDGRAVE FAMILY S/F A/C>, associated entity of Mr Hardgrave (2) HARDGRAVE SUPERANNUATION PTY LTD <HARDGRAVE FAMILY S/F A/C>, associated entity of Mr Hardgrave
Date of change	(1.1) N/A (1.2) N/A (2) 17 March 2022
No. of securities held prior to change	(1.1) 132,192 - ESC SHARES 24 MONTHS FROM LISTING (1.2) 1,000,000 - ESC 24 MONTHS OPT @ $0.30 EXP 36 MONTHS FROM LISTING (2) 250,000 - ORDINARY FULLY PAID SHARES
Class	(1.1) ESC SHARES 24 MONTHS FROM LISTING (1.2) ESC 24 MONTHS OPT @ $0.30 EXP 36 MONTHS FROM LISTING (2) ORDINARY FULLY PAID SHARES
Number acquired	(1.1) NIL (1.2) NIL (2) 31,603 - ORDINARY FULLY PAID SHARES

+ See chapter 19 for defined terms.

Number disposed	(1.1) NIL (1.2) NIL (2) NIL
Value/Consideration	(1.1) N/A (1.2) N/A (2) $4,464.32 (total) ORDINARY FULLY PAID SHARES
No. of securities held after change	(1.1) 132,192 - ESC SHARES 24 MONTHS FROM LISTING (1.2) 1,000,000 - ESC 24 MONTHS OPT @ $0.30 EXP 36 MONTHS FROM LISTING (2) 281,603 - ORDINARY FULLY PAID SHARES
Nature of change	(1.1) N/A (1.2) N/A (2) On-market purchase

Part 2 - Change of director's relevant interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration	N/A
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

+ See chapter 19 for defined terms.