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OptiBiotix Health PLC
11 January 2019

OptiBiotix Health plc
("OptiBiotix")

Director Appointment

OptiBiotix Health plc (AIM: OPTI), a life sciences business developing compounds to tackle obesity, high cholesterol and diabetes, announces that, further to the previous announcement made on 17 December 2018 regarding the appointment of Frédéric Narbel as Managing Director of OptiBiotix's prebiotic division (containing SweetBiotix, OptiBiotic and microbiome modulating technology platforms), the regulatory due diligence process required for a board position has been completed. The text below sets out the required disclosures.

Pursuant to Rule 17 and Schedule 2(g) of the AIM Rules for Companies, the following information is disclosed in respect of Frédéric André Narbel (aged 34):

Current Appointments	**Appointments in the last five years**
Agropur Inc., Appleton (Wisconsin, USA), Succursale de Lancy	None

Frédéric Narbel does not currently own any shares in the Company.

There is no further information regarding Mr Narbel required to be disclosed under the AIM Rules.

This announcement contains inside information for the purposes of Article 7 of EU Regulation 596/2014.

For further information, please contact:

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About OptiBiotix - www.optibiotix.com
OptiBiotix Health plc (AIM: OPTI), which was formed in March 2012, brings science to the development of compounds which modify the human microbiome - the collective genome of the microbes in the body - in order to prevent and manage human disease and promote wellness.

OptiBiotix has an extensive R&D program working with leading academics in the development of microbial strains, compounds, and formulations which are used as active ingredients and supplements. More than twenty international food and healthcare supplement companies have signed agreements with OptiBiotix to incorporate their human microbiome modulators into a wide range of food products and drinks.

OptiBiotix is also developing its own range of consumer supplements and health products. The Company's current areas of focus include obesity, cardiovascular health, and diabetes.

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